

## KŌKUA CONNECTIONS

## **LEARNING TO LIVE ALOHA**

with Ulupō Heiau

1200 Kailua Road, Kailua, HI, 96734

SATURDAY, OCTOBER 11, 2025 8:30 AM - 12:30 PM \$2/PERSON

Living aloha is a journey, not a destination. It's about cultivating a mindset that embraces compassion and understanding. Ulupō Heiau State Historic Site stands as a sacred portal to Hawaii's ancient culture, where spirituality, agriculture, and craftsmanship converged.

Registration is required for all attendees so we can plan accordingly. Please ensure each participant is signed up individually. Activities appropriate for:

- All ages can participate.
- The workday will involve wet tasks like weeding kalo or dry tasks like weeding or mulching.
- After the work, lessons and stories are shared and then we eat lunch together (provided by the caretakers of Ulupō Heiau).
- What to Bring/Wear: Clothes you don't mind getting dirty, covered shoes/boots/tabis (may get wet), garden/work gloves, sunscreen, sunglasses, hat, 1ater bottle (refillable station available), mess kit for lunch (Reusable Tupperware and reusable utensils are okay).
- Registration fee of \$2 per person will help offset the costs for lunch being provided.



SCAN QR CODE TO REGISTER

